

## *Evidence-based Nutrition: From Requirements to Recommendations and Policies*

**9 – 14 September 2008, Warsaw, Poland**

Please complete and return this form together with your CV no later than 31 May 2008 to:

Dr Katarzyna Kozłowska

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### **Registration/Course fee**

Please register by completing the accompanying registration form and return it to the Course Secretariat. The final registration date is 31 May 2008. The number of participants is limited to 30. The course fee is € 750 for PhD students and € 1500 for all other participants and covers course materials, coffee/tea during breaks, lunches/dinners. Applicants will be notified on acceptance of their registration before 15 June 2008 and will receive instructions for payments and further information. Cancellations may be made free of charge until 04 July 2008. Between 5 July and 22 August there will be a charge of 25% of the delegate. From 23 August 100% of the fee will be payable. Substitutions may be made at any time.

The EURRECA Network of Excellence makes a number of fellowships available for staff members of EURRECA partners. More information will be announced on the EURRECA website in due time. The EURRECA Network also makes a number of fellowships available for young scientists or policy makers from Central and Eastern Europe countries. This fellowship will cover the course fee (but not travel or accommodation). Applications can be made through the Course Secretariat.

### **Accommodation**

The local organizing committee has booked a sufficient number of rooms at University Hotel "IKAR" which is located in the area of university campus. The price per night for one person, including breakfast, is 148 PLN (approx. 40 €) for a single room and 93 PLN (approx. 25 €) for a double room. Hotel reservation is handled by the Course Secretariat. All details will be sent on acceptance of applications.

### **Course Secretariat**

*For more information please contact:*

Dr Katarzyna Kozłowska  
Department of Human Nutrition  
Warsaw University of Life Sciences - SGGW  
Nowoursynowska 159 c, 02-776 Warsaw, Poland  
Telephone: + 4822 59 37 115  
Telefax: + 4822 59 37 117  
E-mail: [katarzyna\\_kozlowska@sggw.pl](mailto:katarzyna_kozlowska@sggw.pl)



# **Evidence-based Nutrition: From Requirements to Recommendations and Policies**

*An advanced course for younger scientists*

**9 – 14 September 2008  
Warsaw, POLAND**

This course is organised by

the Department of Human Nutrition  
of Warsaw University of Life Sciences (SGGW)  
Poland  
<http://wnzck.sggw.pl/> <http://www.sggw.pl>

and the Division of Human Nutrition  
of Wageningen University  
the Netherlands  
<http://www.hne.wur.nl/UK/>

in cooperation with



**EURRECA Network of Excellence**  
<http://www.eurreca.org>



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### Background

Although the scientific evidence on nutrient requirements is universal, micronutrient recommendations vary considerably between European countries. The process of collation and judging the scientific evidence will be elaborated, with a specific focus on dietary assessment methodology, strengthening the scientific evidence base and incorporating this in development of food and nutrition policies.

### Objective

The Course is based on the experiences of the biannual “Nutritional and Lifestyle Epidemiology Course” organised by the Graduate School VLAG in the Netherlands. It lets younger, less experienced scientists from Eastern and Central Europe and other countries improve their research qualifications and general knowledge in the field of nutrition and epidemiology, and makes it easier for them to get involved in international research programmes. Moreover, special topics on the research policy cycle will be useful for representatives of policy makers and consumer organizations.

### Course outline

The programme will comprise lectures, computer-assisted exercises, and group assignments. Most of the methodological topics will be illustrated by applications in current research.

### Target group

Young scientists in the field of nutrition and public health, policy makers, consumer organizations and nutritionist in food industry.

### Language

The Course will be delivered in English.

### Venue

The course will take place in Warsaw University of Life Sciences-SGGW, Warsaw, Poland <http://www.sggw.pl>

### Course leaders

Prof. Lisette C.P.G.M. de Groot  
Prof. Pieter van't Veer

### Faculty Warsaw University of Life Sciences-SGGW

Prof. Anna Brzozowska [anna\\_brzozowska@sggw.pl](mailto:anna_brzozowska@sggw.pl)  
Prof. Wojciech Roszkowski [wojciech\\_roszkowski@sggw.pl](mailto:wojciech_roszkowski@sggw.pl)

### Invited speakers from

EURRECA, UNICEF, WHO, other

### Provisional programme

*The following topics will be covered:*

#### Scientific Evidence – theory and application

Assessing dietary intake; biomarkers of nutrient status; nutritional health research; nutrient recommendations; food patterns and health; evidence and public health; systematic literature review; meta analysis; evaluation of adequacy of intakes; food based dietary guidelines; E-learning workshop.

#### Policy – theory and application

Research and policy cycle; policy options for improvement of nutrient intakes; decision analysis in policy making; methods to measure cost effectiveness of policies or programs; food safety; key nutrition issues in Western and Eastern Europe; case study.

### Application form:

Please complete and return this form no later than 31 May 2008 together with your curriculum vitae.

Receipt of your application will be confirmed by e-mail.

Family name.....First name..... M/F  
Date of birth..... Address for correspondence.....  
.....  
Phone..... Fax.....  
E-mail..... VAT-number.....  
Position..... Academic degree(s).....  
Name and address of current employer.....  
EURRECA member: yes/no Partner acronym.....Partner number.....  
If accepted, I will apply for a fellowship YES / NO Date..... Signature.....